



SMITHDON HIGH SCHOOL WEEK 1 MENU



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	SAUSAGES SERVED WITH RED ONION GRAVY	BEEF BURRITOS SERVED WITH SALSA PICO DE GALLO AND GUACAMOLE DIP	CHICKEN KORMA FINISHED WITH CORIANDER	ROAST PORK WITH GRAVY	HOME BATTERED COD WITH A LEMON WEDGE, FISH FINGERS OR CHICKEN NUGGETS
VEGETARIAN	VEGETARIAN SAUSAGES WITH RED ONION GRAVY (VEGAN)	VEGETARIAN BURRITOS (SPICY VEGETABLES AND BEANS) SERVED WITH SALSA PICO DE GALLO	VEGAN CURRY	VEGETARIAN SAUSAGES	SPICY BEAN BURGER (VEGAN) OR VEGETARIAN BURGER
TODAY'S FRESH VEGETABLES	CARROTS AND PEAS	N/A	SWEETCORN	CAULIFLOWER, BROCCOLI, AND BATON CARROTS	MUSHY PEAS, BAKED BEANS
POTATOES/RICE	MASH	N/A	RICE	ROAST POTATOES WITH THYME	CHIPS
SIDES	N/A	MIXED SALAD	ONION BHAJIS, GARLIC & CORIANDER NAAN BREAD	YORKSHIRE PUDDING, APPLE SAUCE	N/A
PASTA DISH	PASTA POT WITH A CHOICE OF SAUCES	PASTA POT WITH A CHOICE OF SAUCES	PASTA POT WITH A CHOICE OF SAUCES	PASTA POT WITH A CHOICE OF SAUCES	PASTA POT WITH A CHOICE OF SAUCES
SALAD BAR	GRAB AND GO SALAD BOXES	GRAB AND GO SALAD BOXES	GRAB AND GO SALAD BOXES	GRAB AND GO SALAD BOXES	GRAB AND GO SALAD BOXES