



Smithdon High School
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Ref: AMo/NW

5 December 2023

Dear Parent

Year 7 Team Building Day

Year 7 will be taking part in a team building event on Friday 8 December. They will need to come to school in non-uniform: in their house colours or in their PE kit. Please make sure that they wrap up warm as we will be doing some events outside: hats, gloves and underlayers are recommended. Students must also wear appropriate clothing and trainers to do sport. They should NOT wear jeans.

Throughout the day students will be working in their houses - they have been told their houses in a PE lesson but if unsure they can ask myself or their tutors. The houses and the colours are:

Moore Farrah Ennis-Hill Redgrave

The students' day will be based on a scenario called "Blackout" and taught around the RESPECT framework:

- Resilience
- Empathy
- Self-awareness
- Positivity
- Excellence
- Communication
- Teamwork

These skills are all really important to develop and allow the students to become confident and independent young people.

On Friday, the timings of the day will be slightly different for Year 7 only: break will be at 10.40am and lunch will be at 1pm. Students will still be able to buy food from the canteen.

Please encourage your child to get fully involved on the day to ensure they get the most out of the activities.

Yours sincerely

Ms A Moat
Assistant Headteacher

