



Smithdon High School
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Dear Parent

I am pleased to tell you that a First Aid course has been arranged for Year 9 students on **Tuesday 25 November and Wednesday 26 November**.

The course will be held in the sports hall, where students will be allowed to attend the day in their smart PE kit.

The course will be of great benefit to students as it is part of their PSHE curriculum as well as vital life skills and knowledge of first aid in an emergency. For students doing the Duke of Edinburgh Award, it will be part of their training for their expedition.

The course will cover CPR, dressing a wound, AED, EpiPens and how to place somebody in the recovery position and call for help.

A course of this nature can usually cost between £60 to £180, however, Hunstanton Town Council have kindly agreed to fund this, as they believe it is a vital skill to have and will help contribute towards the local community. The mayor and someone from the town council will also be joining us on the training days.

On completion of this course, students will receive a First Aid Certificate (valid for three years) and a First Aid Pin Badge, which can be proudly worn as part of their school uniform. I would also encourage students to add this accolade to their achievement folder, Unifrog account and CV.

If you wish for your child **not** to take part, please email me at a.moat@smithdonhigh.org.uk

In order for your child to receive the certificate, it is vital they attend the course on both days.

Yours sincerely

Ms A Moat
Assistant Headteacher

