



Smithdon High School
Food Bank
Christmas 2019

We are looking for the following items to be donated to the local food bank to help families who need it over the Christmas period:

A typical food parcel includes:

- Cereal
- Soup
- Pasta
- Rice
- Tinned tomatoes/ pasta sauce
- Lentils, beans and pulses
- Tinned meat
- Tinned vegetables
- Tea/coffee
- Tinned fruit
- Biscuits
- UHT milk
- Fruit juice

The form who donate the highest number of items for the food bank will receive a prize.

The final day for donation will be Friday 13th December.