



Smithdon High School
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Dear Parent or Guardian

Sport Relief 2020 – Friday 13 March 2020

Smithdon High School is really excited to be raising money for Sport Relief 2020 this year. As one of the UK's biggest fundraising events, Sport Relief brings the entire nation together to get active, raise money and change lives. All students are encouraged to take part in the following fundraising activities to make their contribution:

- **The Sport Relief Mile - Week Beginning 9 March.** Students will take part in the Sport Relief mile during their PE lessons. They can complete as many miles as possible and in a variety of different ways (walking, running or three-legged with a friend). Please find attached a sponsorship form, which we encourage students to gain from family and friends. All monies should be collected and handed in to the office by Friday 13 March.
- **Lunchtime Sporting Challenge - Week Beginning 9 March.** Students can take part in sporting challenges at 20p a go, with a chance to win a prize.
- **Cake Sales – Week Beginning 9 March.** Cakes available to buy from the canteen at break and lunchtime. All proceeds will go towards Sport Relief.
- **Dress Differently For School - Friday 13 March.** Students can wear non-uniform or dress up as their favourite sporting personality. The minimum donation for dressing differently will be £1.00. Please make sure that your son or daughter is prepared for normal lessons with their usual equipment.

Most importantly, the money raised by the public is spent by Sport Relief to help people living incredibly tough lives, both at home in the UK and across the world's poorest countries. To find out more about Sport Relief visit sportrelief.com/schools.

We will also be using Sport Relief as a teaching opportunity to help our students to learn about the issues children across the world face and how the money we raise can help them. We appreciate your support and hope that you will encourage your son and daughter to be actively involved.

For non-uniform day, the usual rules regarding jewellery, make-up and mobile phones will still apply. Please remind your son or daughter to remember their bus pass.

Thank you for your continued support.

Yours sincerely

D Ward

Mr D Ward
Head of PE

